

JACOB



OLDER Squirt Workbook ~ 7-8 Year Olds
Manitoulin Youth Camp 2025

Dear Parents and Squirts,

We are excited that you are planning to join us for Manitoulin Youth Camp this year!

This is an optional workbook to give the squirts the opportunity to feel a part of the lessons that their “big brothers” or “big sisters” are working on for camp. If your child turns 7 or 8 by the end of 2025, then they would complete this “older” squirt workbook. (If they are 3, 4, 5, or 6 by the end of 2025, then they would complete the “younger” squirt workbook.) Alternatively, kids are welcome to complete the squirt workbook that seems to be age appropriate for them.

The stories in this workbook are as follows:

1. Jacob’s Early Life
2. Jacob in Haran
3. Jacob Meets Esau
4. Blessings in Bethel; Rachel Dies
5. Jacob and Joseph

You will notice that the stories do not follow the older children’s lesson plans exactly. Instead we have tried to include highlights that would be comprehensible and enjoyable for this level of squirts. We have also used the New King James Version for all of the included passages.

On the page following, we have included the memory verses for the week. The squirts are not required to memorize them, but they may enjoy learning them to participate with the older siblings during the week.

Do what you can and enjoy the workbook. We look forward to seeing you at Youth Camp, God willing!

A special thanks to Auntie MJ Styles for the illustrations!

MEMORY VERSES

Monday – Genesis 25:23

And the LORD said unto her, Two nations are in thy womb, and two manner of people shall be separated from thy bowels; and the one people shall be stronger than the other people; and the elder shall serve the younger.



Tuesday – Genesis 28:15

And, behold, I am with thee, and will keep thee in all places whither thou goest, and will bring thee again into this land; for I will not leave thee, until I have done that which I have spoken to thee of.



wednesday – Genesis 32:28

And he said, Thy name shall be called no more Jacob, but Israel: for as a prince hast thou power with God and with men, and hast prevailed.



Thursday – Genesis 35:11

And God said unto him, I am God Almighty: be fruitful and multiply; a nation and a company of nations shall be of thee, and kings shall come out of thy loins;



Friday – Hebrews 11:21

By faith Jacob, when he was a dying, blessed both the sons of Joseph; and worshipped, leaning upon the top of his staff.



SECTION ONE: JACOB'S EARLY LIFE

(Taken from Genesis 25:19-28, 27:1-46).

Isaac was the promised son of Abraham and Sarah. Isaac grew up and married Rebekah, and they had twins—Jacob and Esau. Esau was born first and he was red and hairy. Isaac loved Esau, but Rebekah loved Jacob. Esau grew up to be a skillful hunter.

Isaac grew old and he could no longer see. He called Esau and said to him, "My son. Behold now, I am old. I do not know the day of my death. Please take your weapons and go out to the field and hunt for me. Make me savory food, such as love, and bring it to me that I may eat, that my soul may bless you before I die."

Rebekah overheard what Isaac said to Esau. When Esau went to the field to hunt, Rebekah called Jacob. She told Jacob, "I heard your father telling Esau to hunt and bring back food for your father to eat and bless Esau before he dies. Now, Jacob, listen to what I am telling you. Bring me two goats, and I will make the savory food that your father loves. Then you will take it to your father, and he will eat it and bless you instead before he dies."

"But," Jacob replied, "Esau is a hairy man, and I am smooth skinned. My father will feel me and I will know that I have tricked him, and then he will curse me instead of blessing me!"

"Let your curse be on me, my son; just obey what I have told you and bring me the goats," said Rebekah. So Jacob brought Rebekah two goats, and Rebekah made savory food for Isaac. Then

Rebekah took some of Esau's clothes and put them on Jacob, and she took the skins of the goats and put them on Jacob's hands and neck so that he would feel hairy like Esau.

Jacob took the savory food that Rebekah had made to Isaac. "Who are you, my son?" Isaac said. Jacob replied, "I am Esau your firstborn, and I have done what you told me to do. Here is your savory food. Please sit and eat it and bless me."



"How did you return so quickly from your hunting?" Isaac asked. "Because your God brought it to me," Jacob replied. Isaac said, "Please come near, that I may feel you—whether you are my son Esau or not." So Jacob went near to Isaac and Isaac felt him and said, "The voice is Jacob's voice, but the hands feel hairy like Esau." So Isaac blessed Jacob.

As soon as Jacob left Isaac, Esau returned from hunting with his savory food and brought it to Isaac. "Father, sit and eat the savory food that I made so that you may bless me," Esau said.

"Who are you?" Isaac replied. "I am your son, your firstborn son, Esau!" Isaac began to tremble. "Who? Where is the one who brought me savory food already? I ate it all before you came and blessed him!"

When Esau heard that Jacob had tricked Isaac into blessing him, Esau began to cry. "Bless me also, my father!" But Isaac said, "Your brother came, and tricked me, and has taken away your blessing."

"Do you not have any blessing left for me?" Esau cried. Isaac answered, "I have made him your master, I have blessed his grain and wine. What is left for you, my son Esau?" Esau cried more, and finally Isaac said, "You will dwell with the fatness of the earth and the dew of heaven. By your sword you shall live and serve your brother."

So Esau hated Jacob because he had tricked Isaac and taken away the blessing. And Esau said, "Soon my father will be dead, then I will kill my brother Jacob!"

When Rebekah heard that Esau was planning to kill Jacob, she made a plan. She called Jacob and told him, "Your brother Esau is planning to kill you. You must run away to my brother Laban in Haran. Stay for a short while with him until your brother's anger has calmed down and then I will send and tell you that you can come home again."



Questions to Answer

1. What was the name of Isaac's wife? _____
2. **True or False.** Isaac was red and hairy. _____
3. When Isaac grew old, which son did he call so that he could bless him? _____
4. Who overheard Isaac's request of Esau? _____
5. What did Rebekah tell Jacob to bring to her so that she could make savory food? _____
6. What did Rebekah put on Jacob's hands and neck so that he would feel hairy like Esau? _____

7. Who did Jacob tell Isaac that he was? _____

8. Did Isaac bless Jacob? _____

9. Who came in to Isaac as soon as Jacob had left? _____

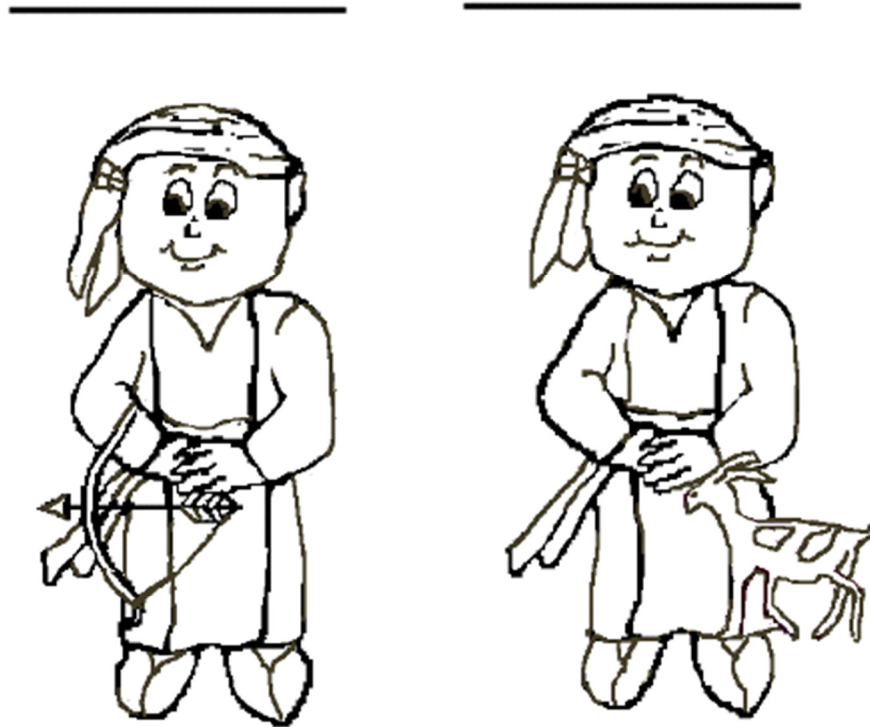
10. How did Esau feel when he heard that Jacob had received the blessing from Isaac instead of him? _____
11. What did Esau plan to do to Jacob after Isaac died? _____

12. Where did Rebekah tell Jacob to run away to until Esau's anger had calmed down? _____



Jacob's Early Life—Matching

Jacob or Esau?



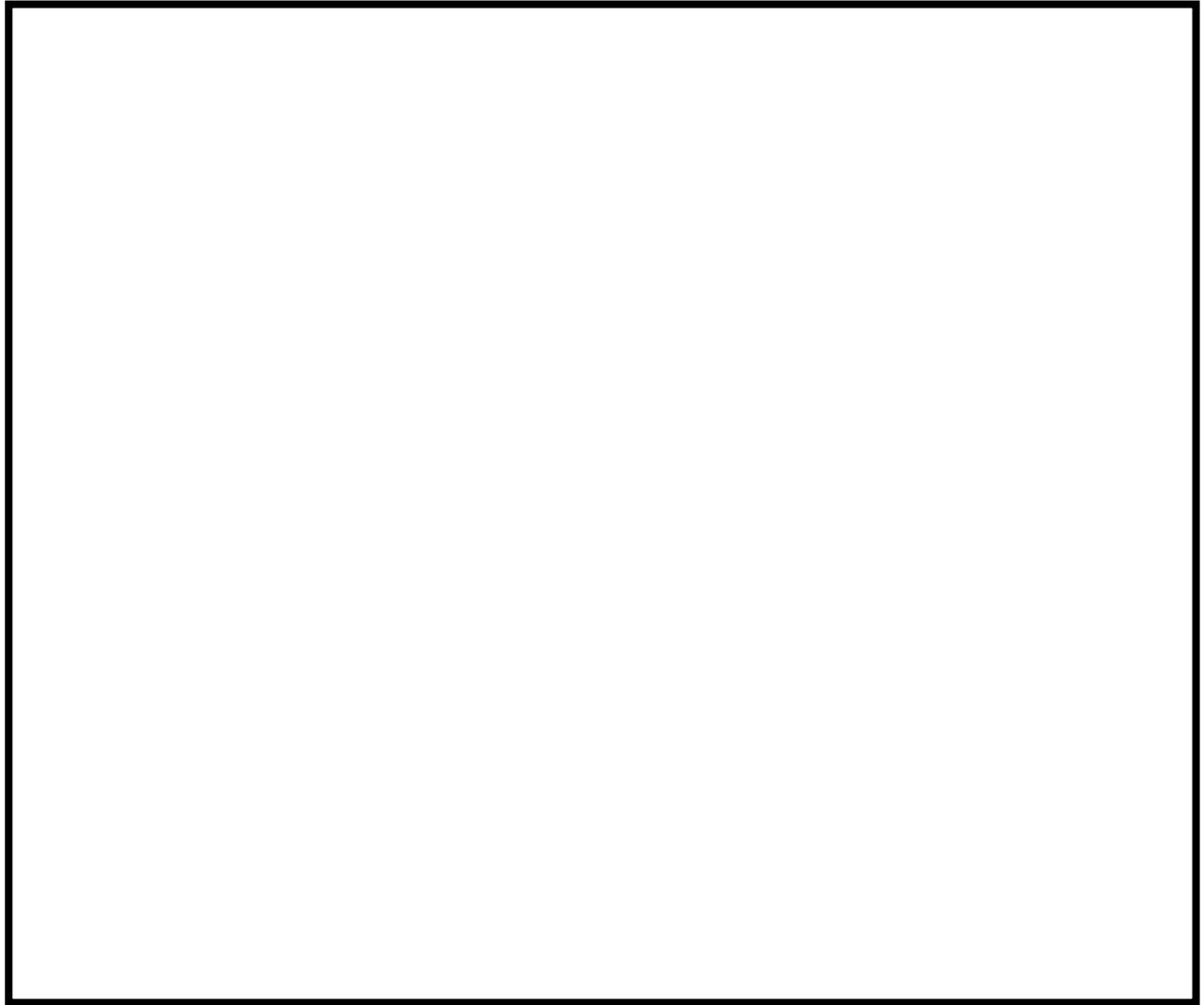
farmer hunter indoors red fair

hairy smooth outdoors

Write the correct name of the boy on the line.
Draw a line from the word to the
picture of the person who matches
the description.

DRAW

Can you draw what Jacob might have looked like with goats' hair on his arms and neck so that he would feel hairy like Esau.



PRACTICAL CHALLENGE



At the end of each section, there is a **PRACTICAL CHALLENGE** for you! We have taken one lesson from our story and are challenging you to apply this lesson in your own life.

Challenge #1

Rebekah and Jacob tricked Isaac into believing that Jacob was Esau. Proverbs 12:22 says, “Lying lips are an abomination to the LORD, But those who deal truthfully are His delight.” We must always be sure to speak truth to our parents and those around us. Can you think of a time when you told the truth even when it was hard? Write it down below.



SECTION TWO: JACOB IN HARAN

(Taken from Genesis 28, 29:16-35).

Jacob had to leave home because his brother Esau wanted to kill him after Jacob had deceitfully received the blessing from Isaac. Jacob began his journey towards Padan Aram, where his uncle Laban lived. After a long day of traveling when the sun had set, Jacob took one of the stones and put it at his head, and he lay down and went to sleep.

While Jacob slept, he dreamed that a ladder reached from earth up to heaven. Angels of God were ascending and descending on the ladder. God was above the ladder, and said "I am the LORD God of Abraham your father and the God of Isaac; the land on which you lie I will give to you and your descendants. Your descendants will be as the dust of the earth; and you will spread out to the west, east, north, and south. In you and in your seed all the families of the earth shall be blessed. Behold, I am with you and will keep you wherever you go, and will bring you back to this land: for I will not leave you until I have done what I have spoken to you."

When Jacob woke up, he said, "Surely the LORD is in this place, and I did not know it. This is none other than the house of God, and this is the gate of heaven!"

In the morning, Jacob took the stone he had put at his head, and set it up as a pillar, and poured oil on top of it. He called the name of that place Bethel, which means "house of God."

Jacob continued his journey until he came to his uncle Laban's house. Now Laban had two daughters—the older was Leah, and the younger was Rachel. Jacob loved Rachel and told Laban, "I will serve you seven years for Rachel your younger daughter." Laban agreed.

After seven years, Jacob said to Laban, "I have served you seven years, give me my wife." So Laban made a feast, but he gave Leah to Jacob instead of Rachel.

Jacob realized he had been tricked. "What have you done to me?" Jacob cried. "Was it not Rachel that I served you for? Why have you tricked me?"

Laban replied, "In our country, we must give the firstborn to be married before the younger. But work for me another seven years and I will give you Rachel also."

So Jacob married both Leah and Rachel and had eleven sons while in Padan Aram: Reuben, Simeon, Levi, Judah, Dan, Naph-tali, Gad, Asher, Issachar, Zebulun, and Joseph.

Questions to Answer

1. Who lived in Padan Aram? _____
2. What did Jacob put at his head to lay on? _____
3. In Jacob's dream, who was ascending and descending on the ladder? _____
4. God promised to Jacob that his descendants would be as the _____ of the earth. God promised that He would be with Jacob wherever he went, and would bring him back to this _____.
5. When Jacob woke up he realized that the LORD was in that place. He said it was none other than the _____ of God and the _____ of heaven.
6. What did Jacob pour on the top of the stone? _____
7. What did Jacob call the name of that place? _____
8. What was the name of Laban's two daughters? _____
9. How many years did Jacob serve Laban so that he could marry Rachel? _____
10. Who did Laban give to Jacob instead of Rachel? _____
11. How many more years did Laban tell Jacob to work so that he could marry Rachel also? _____
12. What were the names of Jacob's sons born in Padan Aram? _____

R_____

S_____

L_____

J_____

D_____

n_____

G_____

A_____

I_____

Z_____

J_____

Jacob in Haran —Word Search

F Y X S T P O L Q S S H G B M
W A N L A N G E L S O P V S A
K D V X O D S R D R M U D L G
T R J P S C T B A C M P A A I
J E S T O N E B C A Z E L B A
L A E T U O A D I R L Z C A I
W M Y I P S F H E E V N P N A
S A I J B U H L L R C R D N N
A P L A D D E R E S R P X Q S
E S R A C H E L L F G E R S S
A S O R L E A H R S R P X Q M

ANGELS

STONE

DREAM

LADDER

RACHEL

LEAH

LABAN



Jacob in Haran—Maze



PRACTICAL CHALLENGE



At the end of each section, there is a **PRACTICAL CHALLENGE** for you! We have taken one lesson from our story and are challenging you to apply this lesson in your own life.

Challenge #2

Jacob was running from Esau. God promised Jacob that He would be with Jacob wherever he goes.

We can always remember that God is with us wherever we go too. He can see us and hear us no matter where we are. Can you think of a time when you might have felt afraid and alone? Write out what God said to Jacob, and try to remember that God is always with you.

"I am with you and _____"



SECTION THREE: JACOB MEETS ESAU

(Taken from Genesis 32, 33:1-11)

After living with Laban for many years, Jacob and his family began to journey home. He had left home many years before, because his brother Esau wanted to kill him. So Jacob sent messengers ahead to Esau to tell him "I have stayed with Laban until now. I have oxen, donkeys, flocks, and male and female servants; and I have sent to tell my lord Esau, that I may find favor in your eyes."

The messengers returned from Esau and told Jacob, "We came to your brother Esau, and he is coming to meet you with four hundred men with him!"

Jacob was afraid to hear that Esau and 400 men were coming! He split his family and servants and flocks into two groups so that if Esau attacked one group the other group could escape.

Then Jacob prayed to God. "O God of Abraham and Isaac, deliver me from my brother, Esau. I fear him, that he will attack me and the mothers and the children. You have promised to me that you would make my descendants as the sand of the sea, which cannot be numbered for multitude."

Then Jacob took 220 goats, 220 ewes and rams, 30 camels with their colts, 50 cows and bulls, 20 donkeys and 10 foals and gave them to some of his servants. He told his servants to tell Esau that they were a gift from Jacob and Jacob is coming behind them. Jacob hoped that the presents would please Esau and that when Esau saw Jacob he would accept him. Jacob sent the servants and the flocks ahead and he would follow to meet Esau in the morning.

That night when Jacob was alone an angel wrestled with him until the morning dawn. As the morning came and the angel and Jacob wrestled, the angel touched Jacob's hip so that it was out of joint. The angel told Jacob, "Let me go, for the day breaks."

But Jacob said, "I will not let you go unless you bless me!"

The angel asked, "What is your name?"

And he said, "Jacob."

The angel said, "Your name will no longer be Jacob, but Israel. You have struggled with God and with men, and have prevailed."

When the sun rose, Jacob saw Esau coming with his four hundred men. He bowed to Esau seven times, but Esau ran to meet him and hugged and kissed him. "I don't need your gifts," Esau said. "Please, if receive my gifts. God has graciously given to me all things," said Jacob. And so Esau did. Esau returned home and Jacob followed, but slowly, for the sake of his children and flocks and herds.

Questions to Answer

1. Who did Jacob send messengers to? _____
2. How many men were coming with Esau to meet Jacob? _____
3. How did Jacob feel when he heard there were so many men coming with Esau? _____
4. After Jacob split his family and servants and flocks into two groups, what did he do? _____
5. How many of each animal did Jacob send to Esau?
_____ goats
_____ ewes and rams
_____ camels with their colts
_____ cows and bulls
_____ donkeys
_____ foals
6. Who did Jacob wrestle with until morning? _____
7. What did the angel change Jacob's name to? _____
8. How many times did Jacob bow to Esau? _____
9. Did Esau want Jacob's gifts? _____
10. Did Esau take Jacob's gifts in the end? _____



COLOUR THE PICTURE



Jacob Meets Esau —Word Scramble

UNSCRAMBLE THE LETTERS TO MAKE THE WORDS

UESA

FRIAAD

FGTI

LAENG

EETLSWR

ESELB



PRACTICAL CHALLENGE



At the end of each section, there is a **PRACTICAL CHALLENGE** for you! We have taken one lesson from our story and are challenging you to apply this lesson in your own life.

Challenge #3

After Jacob wrestled with an angel, Jacob had a limp for the rest of his life. He learned the lesson that it was not his own strength and might that would save him. Instead Jacob needed to rely on God.

God wants us to remember how much we rely and depend on Him. What are some things that you can think of that we depend on God for?



SECTION FOUR: BLESSINGS IN BETHEL; RACHEL DIES

(Taken from Genesis 35)

God told Jacob, "Rise up and go to Bethel and stay there; make an altar to God who appeared to you there when you fled from Esau your brother."

Before traveling to Bethel, Jacob told his family and everyone with him, "Put away your idols. Then we will rise up and go to Bethel, and I will make an altar there to God who answered me in my distress and has been with me wherever I have gone." So they gave Jacob all the idols and their earrings, and Jacob buried them under a tree near Shechem.

Jacob and his family journeyed to Bethel, and Jacob built an altar there. Then God appeared to Jacob again, and blessed him. "I am God Almighty. Be fruitful and multiply; a nation and a company of nations and kings shall come from you. The land that I gave Abraham and Isaac, I will give to you; and to your children after you."

Jacob and his family left Bethel and traveled to Ephrath. Then Jacob's wife, Rachel, gave birth to a son. Sadly, Rachel died when she gave birth to her son. Before she died she named her son Ben-Oni, which means "son of my sorrow." But Jacob changed his name to "Benjamin," which means "son of my right hand."

Jacob buried Rachel and put a pillar on her grave.

Jacob now had twelve sons. Leah's sons were Reuben, Simeon, Levi, Judah Issachar and Zebulun. Rachel's sons were Joseph and Benjamin. The sons of Bilhah, Rachel's maidservant, were Dan and Naphtali, and the sons of Zilpah, Leah's maidservant, were Gad and Asher.

Jacob came home again to his father Isaac at Hebron. Isaac lived to be one hundred and eighty. When he died, Esau and Jacob buried him.



Questions to Answer

1. Where did God tell Jacob to go? _____
2. What did Jacob want his family and everyone to put away? _____
3. What did Jacob do with all the idols and earrings? _____
4. What did Jacob build when he came to Bethel? _____
5. What did God promise would come from Jacob? A _____ and a company of _____ and _____
6. Where did Jacob travel to when he left Bethel? _____
7. What did Rachel name her son? _____
8. What did Jacob change the baby's name to? _____
9. What did Jacob put on Rachel's grave? _____
10. How many sons did Jacob have? _____
11. How old was Isaac when he died? _____
12. Who buried Isaac? _____



Blessings in Bethel; Rachel Dies—

Colour the Picture



PRACTICAL CHALLENGE



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Challenge #4

Jacob wanted all of his family to get rid of any idols they might have. We don't have idols of wood and stone today, but an idol can be anything that we love more than God. Can you think of three things that you love very much, but still want to always remember to love God more?

- 1) _____
- 2) _____
- 3) _____



SECTION FIVE: JACOB AND JOSEPH

(Taken from Genesis 37:1-11, 49:29-33, 50:1-13)

Jacob loved Joseph more than his brothers, and he made him a special coat of many colours. His brothers saw that Jacob loved Joseph more than his brothers, and they hated Joseph and could not speak peaceably to him.

One day Joseph had a dream and told it to his brothers. "We were binding sheaves in the field, and my sheaf stood up-right, and all your sheaves bowed down to my sheaf." His brothers were angry. "Will you rule over us?" they said. So they hated him even more for his dreams.

Then Joseph had another dream, and again told his brothers. "The sun, moon, and eleven stars bowed down to me," he said. This time Jacob rebuked Joseph, "What is this you have dreamed? Will your mother and I and your brothers come bow down to you?"

Joseph's brothers hated him so much that they took away his special coat and sold him to Ishmaelites. They put goat's blood on the coat and brought the coat to Jacob so that he thought Joseph had been killed by a wild animal. Jacob wept for his son. "Now I will go down to the grave mourning for my son." Jacob said.



Meanwhile, the Ishmaelites sold Joseph as a slave in Egypt. In Egypt Joseph was a slave, and then a prisoner. But God was with him through it all. One day Pharaoh had dreams, and Joseph, with God's help, told Pharaoh the meaning of the dreams. Joseph told Pharaoh that there would be seven years with plenty of food. But after that there would be seven years of famine. Pharaoh was so pleased that Joseph could tell the meaning of the dreams that he made Joseph second in command in all of Egypt.

Joseph used the seven years when there was much food to store up extra grain and prepare for the coming famine. When the famine came, they began to use the grain that had been stored. People came from the land around Egypt because they heard that Egypt had food. Some of the people that came were Joseph's brothers. They didn't recognize Joseph at first, but finally Joseph revealed himself to them. "I am Joseph, your brother," he told them. "Don't be angry with yourselves because you sold me here, because God sent me before you to save life. Hurry and go back to my father, and tell him that I say: 'God has made me lord of all Egypt, come down to me in Egypt with your children and all that you have, and I will take care of you through the famine.'"

Jacob and his family continued to live in Egypt through the famine and Joseph took care of his family.

When Jacob was about to die, he asked Joseph to promise that he would not bury Jacob in Egypt, but instead to bury him with his fathers— Abraham, and Isaac—in Hebron. Joseph promised to do as Jacob had asked.

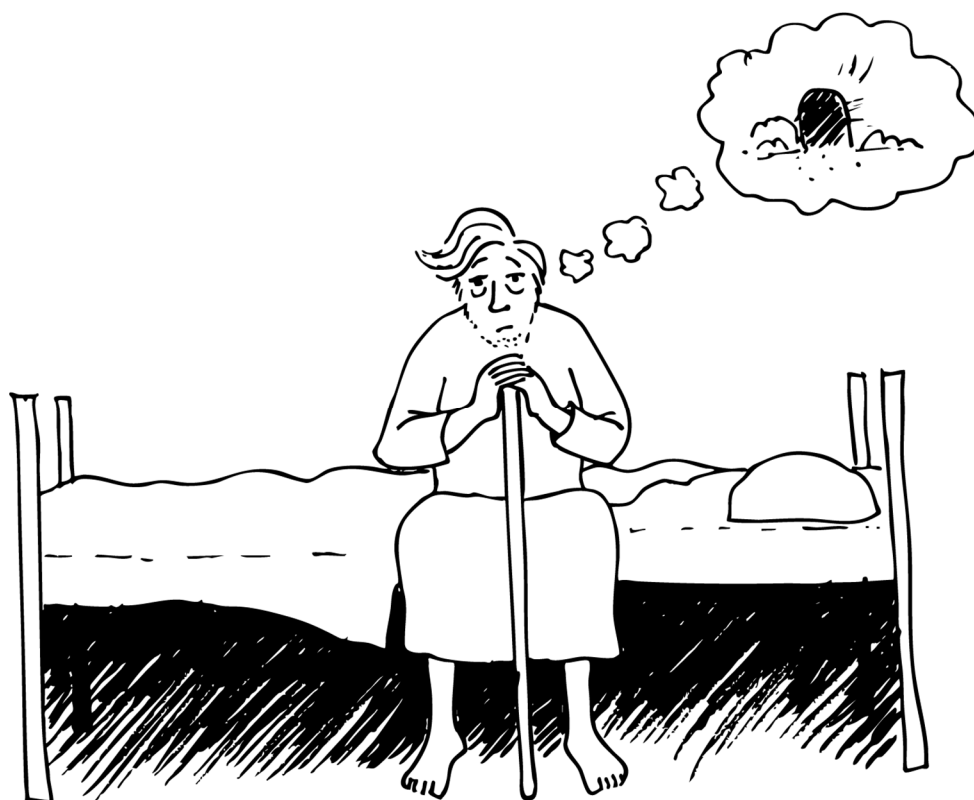
Jacob blessed his sons. He told Joseph, "I am dying, but God will be with you and bring you back to the land of your fathers." And he died. For forty days, they mourned for Jacob. And then Joseph and his family journeyed back to Hebron to bury Jacob with his fathers.



Questions to Answer

1. Which son did Jacob love most? _____
2. In Joseph's dream, whose sheaves bowed down to his sheaf? _____
3. Joseph's brother's hated him so much that they sold him to whom? _____
4. What did Joseph's brother's put on Joseph's special coat to make Jacob think that Joseph had been killed by wild animals? _____
5. Joseph told Pharaoh the meaning of his dream. There would be plenty of food for how many years? _____
6. When the famine came, Joseph's brothers came to get food. Did they recognize Joseph? _____
7. Why did Joseph say that God sent him to Egypt? _____
8. Did Jacob believe that Joseph was actually alive when he first heard the news? _____
9. What did Joseph ride to meet his father? _____
10. When Jacob was about to die, with whom did Joseph promise to bury him? _____

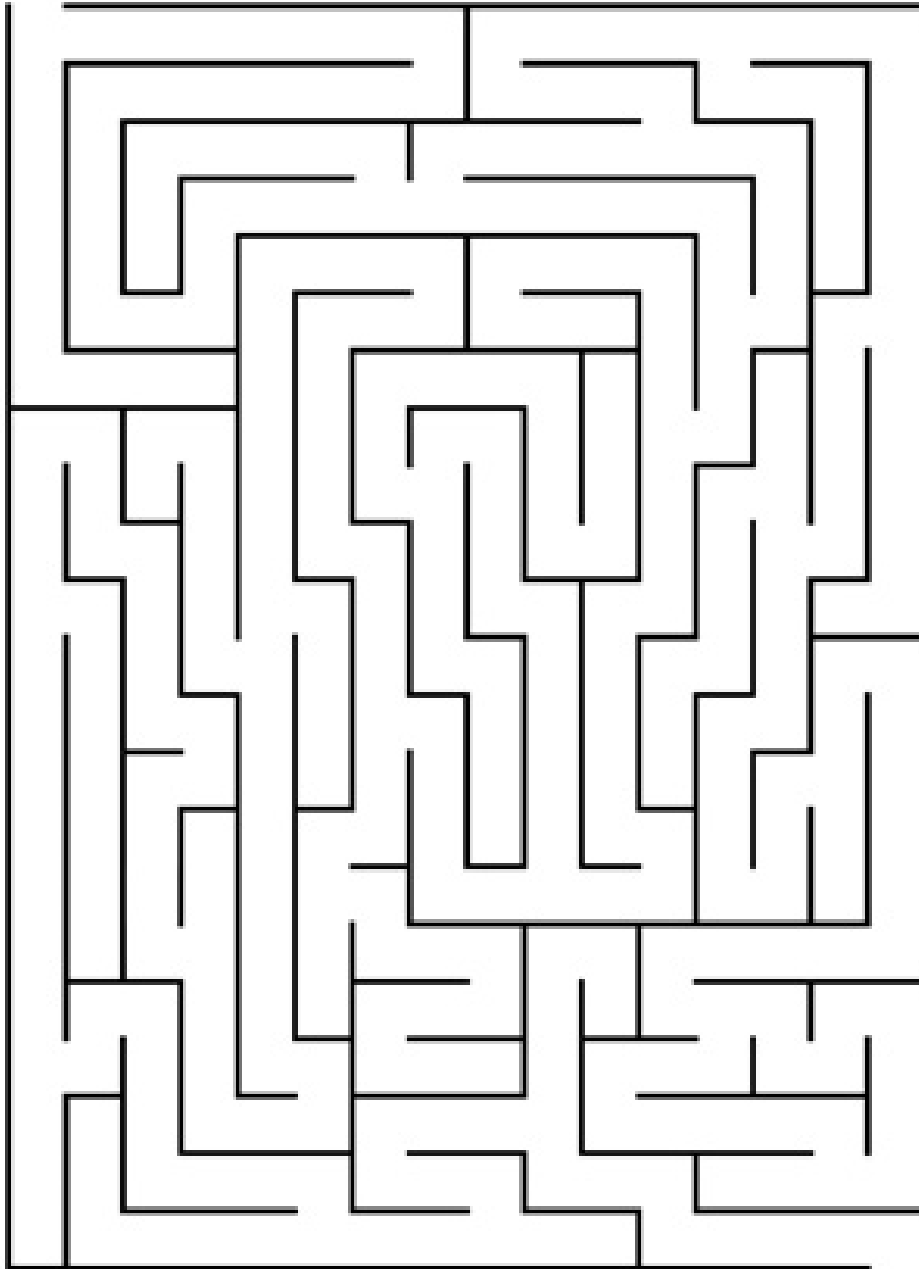
11. How many days did they mourn for Jacob? _____
12. Where did Joseph and his family journey to bury Jacob? _____



Help Jacob and his family find his way to Egypt



Start!



Egypt!

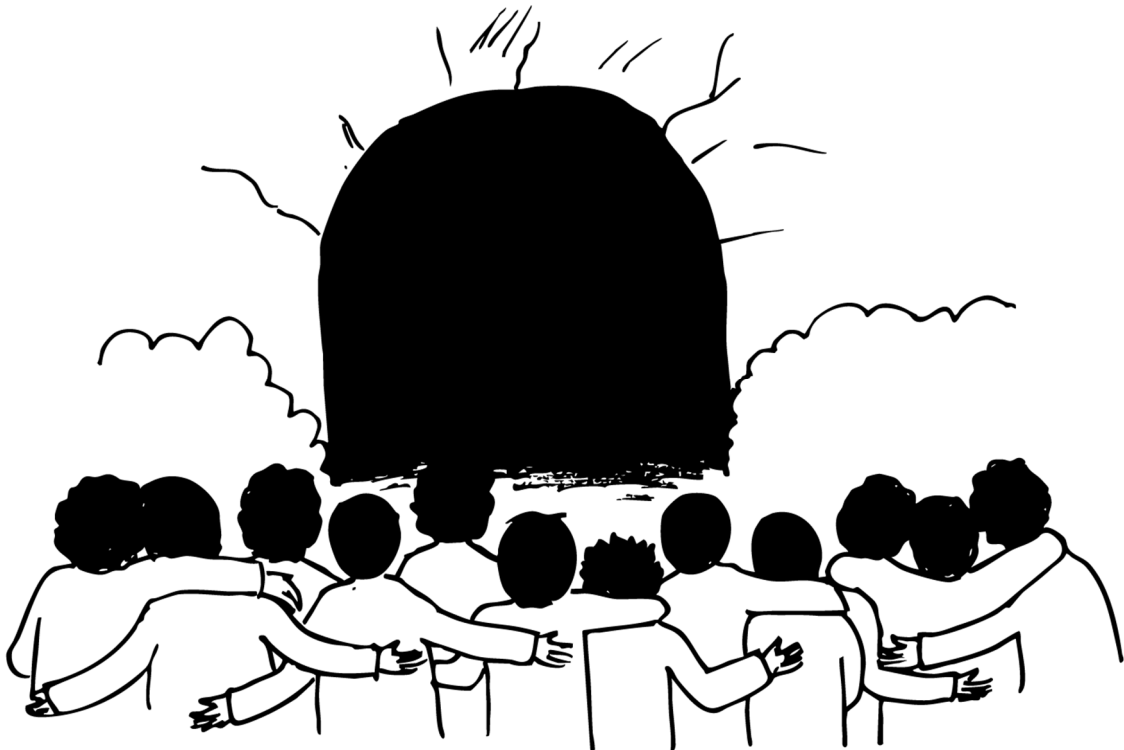
PRACTICAL CHALLENGE



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Challenge #5

For many years, Jacob thought Joseph was dead. He was very surprised when he was an old man to learn that Joseph was actually alive and the ruler of Egypt! Joseph was not angry at his brothers for selling him into Egypt, because Joseph realized that God was working through the wrongs that his brothers had done to save the lives of many, many people. God still works in our lives today. Ask your parents or an auntie or uncle about a time that they could see God working in their life, and write it down below.



FINISH THE STORY

Draw in the missing pictures to tell the story of Jacob



1. Isaac and Rebekah have twins



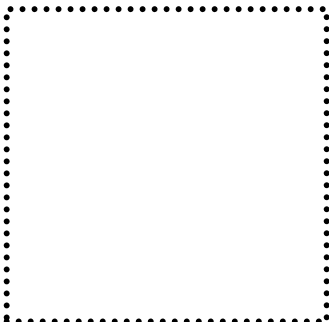
2. Jacob pretends to be Esau



3. Jacob leaves home



4. Jacob anoints the stone in Bethel



5. Jacob marries Leah



6. Jacob wrestles with an angel



7. Jacob meets Esau



8. Jacob puts away idols



9. Rachel dies



10. Jacob gives Joseph a coat



11. Jacob comes to Egypt



12. Jacob dies